



LUNCH MENU- 12:00 pm to 5:00 pm

SALADS

Caesar Salad - \$7.00

Romaine lettuce, Parmesan cheese, croutons & Caesar dressing

- Add chicken breast - \$4.00

Tulip Cobb Salad - \$10.00

Romaine lettuce, tomato, bacon, grilled chicken, blue cheese, Olives, boiled egg & avocado - Ranch dressing

Shrimp Avocado Salad - \$11.00

Mixed lettuce, tomatoes, cucumber, watermelon, mango, orange, avocado, & citrus vinaigrette

Arugula Salad - \$9.50

Mozzarella cheese, apple, walnuts, tomatoes, onions & blueberries
Balsamic glaze and extra virgin olive oil

Mango Grouper Ceviche - \$8.50

Cured in lime & lemon juice, onions, peppers & cilantro

SOUPS

Onion Soup - \$6.50

Gratinated gouda cheese and parmesan

Coconut Pumpkin Soup - \$6.50

Touch of sour cream & cilantro

Jamaican Fish Soup - \$9.50

Grouper, shrimp, calamari, scallop and mussels
In a fish broth with carrot, celery, leeks and potatoes.

Soup of the Day - \$7.50

Please ask the waiter for today's soup

PLATTER BASKET

All baskets dishes served with French fries

Chicken Wings -\$10.50

Rub in Caribbean BBQ sauce, blue cheese dressing

Chicken Tender -\$11.50

Honey Mustard dipping sauce

Coconut breaded Shrimp -\$11.00

Piccalilli tartar sauce

Taco Taco Grouper - \$12.00

Fried fish in flour tortillas, mixed lettuce, guacamole & pico de gallo
Piccalilli tartare sauce

DESSERTS

Espresso Panna Cotta - \$5.00

Mango Cheese Cake -\$5.50

Crepe Banana Chocolate -\$ 5.50

Ice cream or Sherbet 2 scoops - \$4.50

Vanilla, Chocolate, Strawberry, Mango & Lemon

BURGER & SANDWICHES

Tulip Beef Cheese Burger - \$11.00

8 oz burger, lettuce, tomato, onions, pickles, sautéed mushroom
choice of American, Gouda or Swiss cheese

Mahi Mahi Burger - \$12.00

Mixed lettuce, tomato, onion, pickle & piccalilli tartar sauce

Chicken Caprese Sandwich - \$11.50

In a French bread, arugula, tomato basil & fresh mozzarella

Cubano Sandwich - \$ 11.00

Ham, roasted pork, swiss cheese, pickle, Dijon mustard
in French bread

Vegetarian Jibarito - \$10.50

Mix Lettuce, tomato, grill zucchini, peppers, eggplant,
Mushroom & avocado between fried plantain

- Add chicken breast - \$4.00

Cheese Quesadilla -\$8.00

Flour tortillas, cheddar & mozzarella cheese, pico de gallo
On a bed of green, sour cream & guacamole

- Add chicken - \$4.00
- Add beef - \$5.00

Flatbread Pizza - \$10.50

Tomato sauce, mushroom, mozzarella, tomato cherries,
ham, pepperoni & olives

ENTREES

Jerk Chicken - \$15.50

Half chicken roasted with Jamaican spice & pineapple sauce

Grilled Steak - \$17.50

Beef tenderloin, chimichurri sauce with yucca & avocado

Grouper -\$14.50

Pan-fried, tomato cilantro relish with fried plantain

Lasagna - \$15.50

Pasta layered with, meat sauce, mozzarella cheese & Parmesan

SIDE DISHES

Tomato cucumber salad -\$3.00

Small Green Salad -\$3.00

Fried Plantain - \$2.50

Fried Yucca - \$ 2.50

French fries - \$2.50

Mojo Rice - \$2.50

Mix Vegetable - \$3.00

All prices are in US dollars, 6% local taxes will be added to your check

Consuming raw or undercooked foods such as meat, poultry, fish, shellfish or eggs may increase your risk of foodborne illness