

Rise & Shine

STEEL CUT OATMEAL

brown sugar, raisins, caramelized banana 9

CONTINENTAL

two breakfast pastries (croissant, Danish or muffin), choice of toast or bagel, cup of fresh fruit 18

SCOTTISH SMOKED SALMON

capers, cream cheese, tomato, onion, hard boiled egg, choice of bagel 18

SOLANIO GRANOLA PARFAIT

house made granola, Greek yogurt, fresh berries 14

COLD CEREAL

Raisin Bran, Special K, Corn Flakes, Frosted Flakes, Rice Krispies, Fruit Loops 7

SEASONAL FRUIT & BERRIES, GREEK YOGURT

fresh fruit combination 12

All eggs are cage free organic

Eggs & more

BUILD YOUR OWN OMELET

choice of:

squash, ham, bacon, pepper, tomato, onion, spinach, mushroom, cheddar cheese, mozzarella cheese, breakfast potato, choice of toast 20

SOLANIO BREAKFAST

two eggs any style, breakfast potato, choice of bacon, sausage or ham & choice of toast 18

EGGS BENEDICT

poached organic egg, Canadian bacon, English muffin, hollandaise 20

HEALTHY START FRITATA

baby spinach, mushroom, squash, cherry tomato, goat cheese & choice of toast 18

BREAKFAST BURRITO

cage free eggs, mixed peppers, potato, chorizo, cheddar cheese, mozzarella 20

AVOCADO TOAST

multi-grain bread, smashed avocado, poached egg, olive oil, pica de papaya 18

Sweet Starts

PANCAKES

cinnamon apple chutney, powdered sugar 15

BELGIUM WAFFLES

powdered sugar, fresh fruit chutney, pure maple syrup 15

BRIOCHE FRENCH TOAST

caramelized banana, pecans, caramel 15

Juice

Fresh Orange juice 6

Grapefruit juice 6

Carrot Ginger juice 6

Beet, Apple, and Celery Juice 6

Cranberry 6

Pineapple 6

V8 juice 6

Smoothie of the day 8

Sides

All natural bacon 6

Sausages 6

Hash brown potato 5

Fresh fruit and berries 6

Pastechi 6

Breakfast pastries 5

Choice of bagel

Plain, whole wheat, blueberry, everything 5

One organic egg 6